

April 2021

www.junctionesd.net

JUNCTION ELEMENTARY SCHOOL DISTRICT
9087 DESCHUTES RD. PALO CEDRO, CA 96073
T: (530) 547-3274 F: (530) 547-4080

Principal's Corner



Dear Junction Family,

April is National Child Abuse Prevention Month. On behalf of the Children's Bureau, and Junction School, I invite you to join us in raising awareness for this year's theme: "**Thriving Children and Families: Prevention With Purpose.**" [CLICK HERE](#) for more information and resources. You can also follow the Children's Bureau and Child Welfare Information Gateway on social media to easily access resources and information throughout the month of April:

- Twitter: [@childwelfaregov](#)
- Facebook: [www.facebook.com/childwelfare](#) [AND] [www.facebook.com/childrensbureau](#)
- Stay connected to the campaign and [subscribe](#) to email updates.
- If you have any questions, please contact [info@childwelfare.gov](#).

There is a *LOT* of information available if you click the links listed above, so if you are overwhelmed, or do not know where to start, here is the "Principal's Digest" version...

There are a number of risk factors that lead to the abuse of children. Even when abuse is not present, these same risk factors can still detract from children's optimal learning (and living) conditions. There are two risk factors that I have been reading about quite a bit lately:

1. **Substance Use/Abuse:** Abuse of both legal and illegal substances and children do not mix well. Since the beginning of the pandemic, substance use and abuse is on a steep incline, which means that optimal environments for children are eroding. [Help is available](#) for those who need it.
2. **Parental Stress:** The declining mental health of adults and children was a major issue prior to the pandemic, and the challenge has only grown. Before an airplane takes off, we are given this safety instruction: "Secure your own oxygen mask before assisting children and others around you." This holds true in regards to parenting and mental health. Children and adolescents are experiencing greater stress nowadays and are struggling with anxiety and depression in various forms at younger and younger ages. It is important for parents and other caring adults to develop our own stress management toolboxes. This not only puts us in the best mood and mindset to lead children, but it also gives us the experience, skills and strategies needed to help guide them.

Parenting has never been more challenging. It takes a community to raise children. Please develop a social network that you can rely upon, offer support and/or encouragement to those in need, utilize [community resources](#) when needed, and always call the school if you have any questions. If you suspect that a child is in need of some intervention, give us a call. If you would like some stress management ideas or parenting resources for your own personal development, don't hesitate to reach out! Let's do our part to ensure all children and families thrive!

Best Regards,
Christopher J. Nelson
Principal, Junction School

2021-2022

Attention Out-of-District Junction Families!

We would love to have you return to Junction School next year!

If you do not reside within the district, it is required (per board policy) to submit a new Inter-District Attendance Transfer form **every single year**. This form needs to be submitted to your district of residence. If you are unsure of what district you reside in, you can ask for assistance at our school office or visit <https://www.greatschools.org/school-district-boundaries-map/> to find out!

You do not need to re-enroll your student; you only need to re-do the Inter District form. This form can be picked up at the School Office, at your district of residence, or online at <https://www.junctionesd.net/domain/1161>

If you have any questions regarding this process, please reach out to Elizabeth Paris at 530 547 3276 ext. 149, or by email at eparis@junctionesd.net

Thank you for your continued support of Junction School!

Intent to Return

2021/2022 Intent to Return and Registration cards were sent home at the beginning of March. If you have not returned yours, please do so or if you need another copy contact us at the office. These are important for calculating enrollment for next year and making sure all of your information is as accurate in our system as possible.



**Yearbooks are now on SALE
for the 2020/2021 School
Year!**

Go to:

<http://jostensyearbooks.com/?REF=A01079649> to place your order now!

**Note: Orders MUST be placed by
April 30th, 2021.**

There are **no** guarantees that we will have extras for sale, so don't miss out!

If you would like to order through the office, please bring \$30 in cash or as a check (payable to Junction School) to the school office staff **before 4/30/2021** so that we can process your order.



The Tdap vaccine and 2 doses of chickenpox vaccine are required for all 7TH graders. Your school will need your vaccine records prior to the start of school. Talk with your doctor today. ShotsForSchool.org



Save the date!

April 2nd – 9th Spring Break
NO SCHOOL



April 22nd Earth Day



April 30th Arbor Day



Lunch is free to all students through the end of
the school year.



For information about school events and
occurrences, please see the District Calendar
available on our website.



Don't forget about Minimum Days: All students are
released at 1:15 on Wednesday's

Thank you for helping Junction stay open by
remembering to "Mask-up".



APRIL MENU

STUDENT BREAKFAST \$1.50
 REDUCED STUDENT BREAKFAST \$0.30
 ADULT BREAKFAST \$2.50
 MILK \$0.35

STUDENT LUNCH \$3.00
 REDUCED STUDENT LUNCH \$0.40
 ADULT LUNCH \$4.00

ALL MEALS INCLUDE A CHOICE OF 1% WHITE OR FAT FREE CHOCOLATE MILK

*BREAKFAST INCLUDES A CHOICE OF FRESH FRUIT, CANNED FRUIT &/OR JUICE DAILY.

*LUNCH INCLUDES FRESH FRUIT &/OR CANNED FRUIT, FRESH SALAD &/OR FRESH VEGETABLES DAILY. ALL 5 MYPLATE CATEGORIES ARE REPRESENTED AT EACH MEAL SERVICE.

MENU IS SUBJECT TO CHANGE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
STUDENTS MUST CHOOSE 3 OF THE 4 ITEMS OFFERED FOR BREAKFAST, 1/2 CUP OF FRUIT OR VEGETABLE MUST BE TAKEN	STUDENTS CHOOSE 3 OF 5 COMPONENTS FOR LUNCH. STUDENTS MUST TAKE A MINIMUM OF 1/2 CUP FRUIT OR VEGETABLES: MORE IS ALLOWED & BOTH ARE ALLOWED.		1 HAPPY APRIL FOOLS DAY! WGI CINNAMON ROLL WGI PIZZA	2 SPRING BREAK
5 SPRING BREAK	6 SPRING BREAK	7 SPRING BREAK	8 SPRING BREAK	9 SPRING BREAK
12 HAPPY GRILLED CHEESE DAY! WG CEREAL GRILLED CHEESE SANDWICH	13 HAPPY PEACH COBBLER DAY! PEACH COBBLER PARFAIT BEAN & CHEESE QUESADILLA	14 WG CINNAMON APPLE STICK SPAGHETTI IN MEAT SAUCE	15 WG FRENCH TOAST CORNDOG & POTATO WEDGES	16 BREAKFAST SANDWICH WGI PIZZA
19 WG CEREAL FISH STICKS & POTATO WEDGES	20 WG BAGEL W/ CREAM CHEESE CHICKEN TACO	21 WGI PANCAKES WGI PIZZA	22 HAPPY EARTH DAY! FRUIT SMOOTHIE & MUFFIN HOTDOG & PASTA SALAD	23 NATIONAL PICNIC DAY! WG CINNAMON APPLE STICK BBQ RIB SANDWICH & CHIPS
26 NATIONAL PRETZEL DAY! WG CEREAL PRETZEL BURGER & TATER TOTS	27 BREAKFAST BURRITO BEEF & CHEESE NACHOS	28 WGI WAFFLES CORNDOG & VEGGIE PASTA SALAD	29 PANCAKE SAUSAGE ON A STICK WGI PIZZA	30 FRUIT & YOGURT PARFAIT ORANGE CHICKEN OVER RICE

*Junction Elementary School District is an equal opportunity provider and employer. For a full nondiscrimination statement, please visit our website at www.junctionesd.net