



2024 - 2025 SCHOOL YEAR
AUGUST - SEPTEMBER
MENU

**WE ARE AN EQUAL OPPORTUNITY
 PROVIDER AND EMPLOYER**

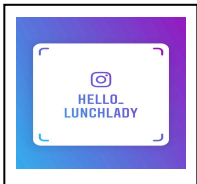
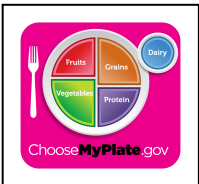
MEAL PRICES

ADULT BREAKFAST \$3.00

ADULT LUNCH \$5.00

A LA CARTE MILK \$0.50 EA

***ENROLLED STUDENTS
 MEALS ARE FREE**



***MENU IS SUBJECT TO CHANGE
 WITHOUT NOTICE AT ANYTIME**

BREAKFAST MENU

MONDAY

EGG CASSEROLE
 CINNAMON TOAST

TUESDAY

BREAKFAST
 CHIMICHANGA

WEDNESDAY

PARFAIT CHOICE

THURSDAY

STUFFED BAGEL / BREAKFAST SANDWICH

FRIDAY

FRENCH TOAST / WAFFLE BAR

*BREAKFAST ALSO INCLUDES FRESH AND/OR CANNED FRUIT/
 JUICE/ YOGURT AND MILK CHOICES/OPTIONS DAILY*
 CEREAL IS OFFERED AS A DAILY OPTION

LUNCH MENU

MONDAY CHOICES

BAKED CHICKEN DRUMSTICK W/ PASTA
 MEAT LASAGNA W/ GARLIC TEXAS TOAST

TUESDAY CHOICES

PULLED PORK BURRITO
 BEEF TOSTADA BOWL

WEDNESDAY CHOICES

HAMBURGER ON WW BUN
 CRISPY CHICKEN BURGER ON WW BUN
 GRAB AND GO - PB & J SANDWICH BOX

THURSDAY CHOICES

ASIAN FUSION BOWL
 BANH MI SANDWICH

FRIDAY CHOICES

PIZZA SLICE (CHEESE OR PEPPERONI)
 CHICKEN STRIP BASKET
 GRAB AND GO - PB & J SANDWICH BOX

FRESH FRUIT/VEGGIE BAR
 AND/OR TOPPINGS BAR
 OFFERED AT EACH LUNCH
 SERVICE DAILY.

FAT FREE AND 1% NON-
 FLAVORED MILK CHOICES
 OFFERED DAILY. (FAT FREE
 CHOCOLATE MILK OFFERED ON
 FRIDAYS ONLY.)

Understanding the Lunch Line: A Parent's Guide

Each day, your child is offered a lunch containing the following:

**Meat or Meat Alternate,
 Grain,
 Fruit, Vegetable
 and of course, Milk!**

While the most nutritious lunch contains all of these options, we understand that sometimes our students do not like some of the items we serve. To make our student customers happy, we like to give them the option to decline items they do not want to eat.

Out of the 5 food groups your student is offered, he must choose at least 3 food groups for his meal. One of the food groups must be a fruit or vegetable. Some of the menu choices may count as two food groups such as pizza, nachos, cheeseburger, or chef salad!

Here's an example menu:

Cheeseburger on a Bun
 1/2 cup Carrots
 1/2 cup French Fries
 1/2 cup Peaches
 8oz of Milk

So, your child could choose:

Cheeseburger on a Bun and Fries
 Carrots, Peaches and Milk
 Cheeseburger on Bun, Peaches and Milk
Of course they can take other combinations or all 5 food groups! The choice is up to them!

If your child comes home and says she didn't get enough to eat at lunch, ask if she is taking all of her fruit and vegetable choices!

Don't forget about breakfast! Join us each morning, breakfast is a great way to kick off your child's day!

Breakfast choices are a little different. Students must take at least 3 of the offered items at breakfast, one must be a fruit or vegetable.

This institution is an equal opportunity provider.