

## **AUGUST MENU**

## A LA CARTE MILK IS \$0.40 TO PURCHASE ADULT BREAKFAST \$2.50 ADULT LUNCH \$4.25

SCHOOL BREAKFASTS & LUNCHES ARE FREE TO ALL ENROLLED STUDENTS!
MEALS INCLUDE A CHOICE OF 1% WHITE OR FAT FREE CHOCOLATE MILK

- \*BREAKFAST INCLUDES A CHOICE OF FRESH FRUIT, CANNED FRUIT &/OR JUICE DAILY.
- \*LUNCH INCLUDES FRESH FRUIT &/OR CANNED FRUIT, FRESH SALAD &/OR FRESH VEGETABLES DAILY. ALL  $_5$  MYPLATE CATEGORIES ARE REPRESENTED AT EACH MEAL SERVICE. \*MENU IS SUBJECT TO CHANGE\*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
STUDENTS MUST CHOOSE 3 OF THE 4 ITEMS OFFERED FOR BREAKFAST, 1/2 CUP OF FRUIT OR VEGETABLE MUST BE TAKEN	STUDENTS CHOOSE 3 OF 5 COMPONENTS FOR LUNCH. STUDENTS MUST TAKE A MINIMUM OF ½ CUP FRUIT OR VEGETABLES: MORE IS ALLOWED & BOTH ARE ALLOWED.			
		WELCOME BACK STUDENTS! 17 CINNAMON ROLL & SMOOTHIE	CEREAL CHOICE	FRENCH TOAST WITH SYRUP
		SUB SANDWICH WITH CHIPS & TOPPINGS BAR	ORANGE CHICKEN OVER BROWN RICE AND STEAMED VEGGIES	PIZZA
CEREAL CHOICE	MUFFIN WITH YOGURT CHOICE	PARFAIT CHOICE	CEREAL CHOICE	PANCAKES TOPPED WITH BERRIES & WHIPPED TOPPING
HOTDOG WITH FRENCH FRIES	NACHOS WITH TOPPINGS BAR	FUSION BOWL WITH TOPPINGS BAR	POPCORN CHICKEN WITH MACARONI AND CHEESE	PIZZA
CEREAL CHOICE	BAGEL WITH CREAM CHEESE	DONUT & SMOOTHIE		Produit Creates Produit
BRUNCH FOR LUNCH	PULLED PORK QUESADILLA	SUB SANDWICH WITH CHIPS & TOPPINGS BAR		Choose My Plate.gov

<sup>\*</sup>Junction Elementary School District is an equal opportunity provider and employer. For a full nondiscrimination statement, please visit our website at www.junctionesd.net