

JANUARY 2021

RAIDER CAFE MENU

STUDENT BREAKFAST \$1.50
 REDUCED STUDENT BREAKFAST \$0.30
 ADULT BREAKFAST \$2.50
 MILK \$0.35


STUDENT LUNCH \$3.00
 REDUCED STUDENT LUNCH \$0.40
 ADULT LUNCH \$4.00

ALL MEALS INCLUDE A CHOICE OF 1% WHITE OR FAT FREE CHOCOLATE MILK

*BREAKFAST INCLUDES A CHOICE OF FRESH FRUIT, CANNED FRUIT &/OR JUICE DAILY.

*LUNCH INCLUDES FRESH FRUIT &/OR CANNED FRUIT, FRESH SALAD &/OR FRESH VEGETABLES DAILY. ALL 5 MYPLATE CATEGORIES ARE REPRESENTED AT EACH MEAL SERVICE.

MENU IS SUBJECT TO CHANGE

Monday	Tuesday	Wednesday	Thursday	Friday
	5	6	7	8
	WG CEREAL <hr/> CHICKEN FAJITA & SEASONED BROWN RICE	WG MUFFIN & YOGURT CUP <hr/> RAIDER CAFÉ FISH & CHIP BASKET	HOT OATMEAL <hr/> BAKED SPAGHETTI IN MEAT SAUCE	WG MINI PANCAKES <hr/> WG PIZZA
11	12	13	14	15
WG CEREAL <hr/> CORNDOG & TOTS	WG CINNAMON APPLE STICK <hr/> TACO MAC & CHEESE	BISCUITS & GRAVY <hr/> RAIDER CAFE RAMEN NOODLE BOWL	WG CEREAL <hr/> CHILI & CORNBREAD MUFFIN	PANCAKE SAUSAGE ON STICK <hr/> ORANGECHICKEN, BROWN RICE & STERAMED VEGGIES
18	19	20	21	22
MARTIN LUTHER KING JR. DAY	WG CEREAL <hr/> RAIDER CAFÉ PULLED PORK NACHO FRIES	HOT OATMEAL <hr/> GRILLED CHEESE SANDWICH & SOUP	WG MINI PANCAKES <hr/> RAIDER CAFÉ GRILLED BRUSCHETTA CHICKEN OVER WG PENNE PASTA	RAIDER CAFÉ BREAKFAST BOWL <hr/> WG PIZZA
25	26	27	28	29
WG CEREAL <hr/> RAIDER CAFÉ FISH & CHIP BASKET	WG BAGEL W/ CREAM CHEESE <hr/> RAIDER CAFÉ CHEESEBURGER QUESADILLA	RAIDER CAFÉ BREAKFAST BANANA SPLIT <hr/> SOUP, SALAD & BREADSTICK	WG CINNAMON APPLE STICK <hr/> RAIDER CAFÉ POPCORN CHICKEN BOWL	WG RAIDER CAFÉ DONUT <hr/> WG PIZZA
		STUDENTS MUST CHOOSE 3 OF THE 4 ITEMS OFFERED FOR BREAKFAST, 1/2 CUP OF FRUIT OR VEGETABLE MUST BE TAKEN.	STUDENTS CHOOSE 3 OF 5 COMPONENTS FOR LUNCH. STUDENTS MUST TAKE A MINIMUM OF 1/2 CUP FRUIT OR VEGETABLES: MORE IS ALLOWED & BOTH ARE ALLOWED.	 Choose MyPlate .gov

*Junction Elementary School District is an equal opportunity provider and employer. For a full nondiscrimination statement, please visit our website at www.junctionesd.net