

NOVEMBER 2020

RAIDER CAFE MENU

STUDENT BREAKFAST \$1.50
 REDUCED STUDENT BREAKFAST \$0.30
 ADULT BREAKFAST \$2.50
 MILK \$0.35


STUDENT LUNCH \$3.00
 REDUCED STUDENT LUNCH \$0.40
 ADULT LUNCH \$4.00

ALL MEALS INCLUDE A CHOICE OF 1% WHITE OR FAT FREE CHOCOLATE MILK

*BREAKFAST INCLUDES A CHOICE OF FRESH FRUIT, CANNED FRUIT &/OR JUICE DAILY.

*LUNCH INCLUDES FRESH FRUIT &/OR CANNED FRUIT, FRESH SALAD &/OR FRESH VEGETABLES DAILY. ALL 5 MYPLATE CATEGORIES ARE REPRESENTED AT EACH MEAL SERVICE.

MENU IS SUBJECT TO CHANGE

Monday	Tuesday	Wednesday	Thursday	Friday
2 HOT OATMEAL POPCORN CHICKEN & VEGGIE PASTA SALAD	3 PANCAKE SAUSAGE ON A STICK STEAK QUESADILLA & STREET CORN SALAD	4 CEREAL & ½ WG BAGEL SPAGHETTI IN MEAT SAUCE	5 FRUIT SMOOTHIE & MUFFIN ORANGE CHICKEN OVER BROWN RICE & STEAMED BROCCOLI	6 BREAKFAST BURRITO PIZZA
9 CEREAL & ½ WG ENGLISH MUFFIN FISH STICKS & FRENCH FRIES	10 APPLE CINNAMON STICK CHICKEN TACOS & SEASONED RICE	11 VETERANS DAY	12 BISCUITS & GRAVY PULLED PORK SANDWICH	13 WG WAFFLES TERIYAKI CHICKEN OVER BROWN RICE & STIR FRY VEGGIES
16 WG BAGEL W/ CREAM CHEESE HOTDOG ON WW BUN & POTATO SALAD	17 BREAKFAST SANDWICH BEEF NACHOS	18 HOT OATMEAL GRILLED CHEESE SANDWICH & SOUP	19 WG FRENCH TOAST STICKS PIZZA	20 WG PANCAKES (FRIENDSGIVING FEAST) TURKEY, MASHED POTATOES, GRAVY, MIXED VEGGIES, ROLL & SPECIAL DESSERT
23 THANKSGIVING BREAK	24 THANKSGIVING BREAK	25 THANKSGIVING BREAK	26 THANKSGIVING BREAK	27 THANKSGIVING BREAK
30 CEREAL & WW TOAST CORNDOG & TATER TOTS		STUDENTS MUST CHOOSE 3 OF THE 4 ITEMS OFFERED FOR BREAKFAST, ½ CUP OF FRUIT OR VEGETABLE MUST BE TAKEN.	STUDENTS CHOOSE 3 OF 5 COMPONENTS FOR LUNCH. STUDENTS MUST TAKE A MINIMUM OF ½ CUP FRUIT OR VEGETABLES: MORE IS ALLOWED & BOTH ARE ALLOWED.	 Choose MyPlate .gov

*Junction Elementary School District is an equal opportunity provider and employer. For a full nondiscrimination statement, please visit our website at www.junctionesd.net