




A LA CARTE MILK IS \$0.40 TO PURCHASE
 ADULT BREAKFAST \$2.50 ADULT LUNCH \$4.25

SCHOOL BREAKFASTS & LUNCHES ARE FREE TO ALL ENROLLED STUDENTS!
 MEALS INCLUDE A CHOICE OF 1% WHITE OR FAT FREE CHOCOLATE MILK

SEPTEMBER MENU

*BREAKFAST INCLUDES A CHOICE OF FRESH FRUIT, CANNED FRUIT &/OR JUICE DAILY.
 *LUNCH INCLUDES FRESH FRUIT &/OR CANNED FRUIT, FRESH SALAD &/OR FRESH VEGETABLES DAILY. ALL 5 MYPLATE CATEGORIES ARE REPRESENTED AT EACH MEAL SERVICE.
 MENU IS SUBJECT TO CHANGE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
STUDENTS MUST CHOOSE 3 OF THE 4 ITEMS OFFERED FOR BREAKFAST, 1/2 CUP OF FRUIT OR VEGETABLE MUST BE TAKEN	STUDENTS CHOOSE 3 OF 5 COMPONENTS FOR LUNCH. STUDENTS MUST TAKE A MINIMUM OF 1/2 CUP FRUIT OR VEGETABLES: MORE IS ALLOWED & BOTH ARE ALLOWED.		CEREAL CHOICE SPAGHETTI WITH TEXAS GARLIC TOAST	WAFFLES TOPPED WITH BERRIES & WHIPPED CREAM PIZZA
LABOR DAY	MUFFIN WITH YOGURT CHOICE BEEF TACO WITH TOPPINGS BAR	PARFAIT CHOICE FUSION BOWL WITH TOPPINGS BAR	CEREAL CHOICE CHICKEN & WAFFLES WITH SYRUP	PANCAKE SAUSAGE ON A STICK WITH SYRUP PIZZA
CEREAL CHOICE HAMBURGER WITH POTATO WEDGES & TOPPINGS BAR	BAGEL WITH CREAM CHEESE CHICKEN TACO WITH TOPPINGS BAR	CINNAMON ROLL & SMOOTHIE SUB SANDWICH WITH CHIPS & TOPPINGS BAR	CEREAL CHOICE ORANGE CHICKEN OVER BROWN RICE AND STEAMED VEGGIES	FRENCH TOAST WITH SYRUP PIZZA
CEREAL CHOICE HOTDOG WITH FRENCH FRIES	MUFFIN WITH YOGURT CHOICE NACHOS WITH TOPPINGS BAR	PARFAIT CHOICE FUSION BOWL WITH TOPPINGS BAR	CEREAL CHOICE POPCORN CHICKEN WITH MACARONI AND CHEESE	PANCAKES TOPPED WITH BERRIES & WHIPPED CREAM PIZZA
CEREAL CHOICE BRUNCH FOR LUNCH	BAGEL WITH CREAM CHEESE BEAN & CHEESE QUESADILLA	DONUT & SMOOTHIE SUB SANDWICH WITH CHIPS & TOPPINGS BAR	CEREAL CHOICE SPAGHETTI WITH TEXAS GARLIC TOAST	WAFFLES TOPPED WITH BERRIES & WHIPPED CREAM PIZZA

*Junction Elementary School District is an equal opportunity provider and employer. For a full nondiscrimination statement, please visit our website at www.junctionesd.net